

Warkworth S/S 2020* - WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice
	Strawberries	Banana Half	Mandarin Oranges	Banana Half	Strawberries	Banana Half	Banana Half
	Oatmeal	Cream of Wheat	Cinnamon Oatmeal	Oatbran Cereal	Oatmeal	Cream of Wheat	Cinnamon Oatmeal
	Hard Boiled Egg	Poached Egg	Scrambled Eggs	Hard Boiled Egg	Poached Egg	Fried Egg	Egg McMuffin
	Raisin Toast	Fruit Extreme Muffin	Bacon Strips	Raisin Toast	Whole Wheat Toast	Whole Wheat Toast	-
	Brown Sugar	Brown Sugar	Rye Toast	Brown Sugar	Brown Sugar	Brown Sugar	Brown Sugar
	Jelly/Jam	Jelly/Jam	Brown Sugar	Jelly/Jam	Jelly/Jam	Jelly/Jam	Jelly/Jam
	Margarine	Margarine	Jelly/Jam	Margarine	Margarine	Margarine	Margarine
	2% Milk	2% Milk	Margarine	2% Milk	2% Milk	2% Milk	2% Milk
	Coffee or Tea	Coffee or Tea	2% Milk	Coffee or Tea	Coffee or Tea	Coffee or Tea	Coffee or Tea
	-----	-----	Coffee or Tea	-----	-----	-----	-----
	Assorted Cold Cereal	Assorted Cold Cereal	-----	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
	Peanut Butter	Vanilla Yogurt	Assorted Cold Cereal	Vanilla Yogurt	Peanut Butter	Peanut Butter	Cereal
Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast			Peanut Butter	
						Whole Wheat Toast	
L U N C H	Baked Ham in	Sweet & Sour Chicken	Seasoned Cowboy	Honey Garlic Ribs	Hot Dog on White	Greek Style Chicken	Roast Turkey
	Pineapple Juice	Fluffy Rice	Steak	Mashed Potatoes	Bun	Breast	Turkey Gravy
	Scalloped Potatoes	Oriental Vegetables	Brown Gravy	Pick of the Day	Greek Pasta Salad	Whipped Potatoes	Herbed Potatoes
	Green Peas	Whole Wheat Bread	Baked Potato	Vegetable Blend	Cake Cherry Streusel	California Vegetables	Wax Beans
	Whole Wheat Bread	Strawberry Shortcake	Sour Cream	Whole Wheat Bread	RTS	Whole Wheat Bread	Whole Wheat Bread
	Oreo & Vanilla	2% Milk	Sliced Carrots	Neapolitan Ice	2% Milk	Lemon Mousse	Raspberry Pie
	Pudding Dessert	Coffee or Tea	Whole Wheat Bread	Cream	Coffee or Tea	2% Milk	2% Milk
	2% Milk	-----	Maple Chocolate	2% Milk	-----	Coffee or Tea	Coffee or Tea
	Coffee or Tea	Pork Chop &	Mania Cake	Coffee or Tea	Cheeseburger on	-----	-----
	-----	Mushroom Sauce	2% Milk	-----	White Bun	Veal Roll Italian	Meat Lasagna
	Parmesan and Herb	Mashed Potatoes	Coffee or Tea	Spaghetti & Meat	Three Bean Salad	Zucchini Medley	Mixed Green Italian
	Baked Fish	Butternut Squash	-----	Sauce	Mango	Fresh Grapes	Salad
	Lemon Wedge	Crushed Pineapple	Country Turkey	Parslied Cauliflower			Garlic Bread
Sweet Balsamic		Shepherd's Pie	Warm Apple			Fresh Watermelon	
Brussels Sprouts		Green Beans	Compote				
Chilled Diced Pears		Chilled Apricots					

Homestyle Turkey	Cream of Celery Soup	Chicken Noodle Soup	Market Vegetable w/Barley Soup	Cream of Potato & Leek Soup	Corn Chowder	Broccoli Cheddar Soup
Vegetable Soup	Macaroni & Cheese	Battered English	Chicken Caesar	Turkey Sandwich w/Aioli	Polish Perogies Casserole	Seafood Salad
Meatloaf	Stewed Tomatoes	Style Pollock	Salad	Spring Mix Lettuce Salad	Prince Edward Vegetables	Chickpea Vegetable Salad
Beef Gravy	Whole Wheat Bread	Tartar Sauce	Wheat Roll	Unsalted Soda Crackers	Whole Wheat Bread	Wheat Roll
Mashed Potatoes	Unsalted Soda	French Fries	Unsalted Soda Crackers	Chilled Diced Peaches	Unsalted Soda Crackers	Unsalted Soda Crackers
Sunrise Vegetables	Crackers	Coleslaw	Chilled Diced Peaches	2% Milk	Mandarin Oranges	Chilled Diced Pears
Unsalted Soda	Cantaloupe Chunks	Unsalted Soda	2% Milk	Coffee or Tea	2% Milk	2% Milk
Crackers	2% Milk	Crackers	Coffee or Tea	-----	Coffee or Tea	Coffee or Tea
Fresh Watermelon	Coffee or Tea	Fruit Cocktail	-----	Ham & Cheese Omelet	French Toast	Weiners & Beans
2% Milk	-----	2% Milk	BBQ Beef on Bun	Harvard Beets	Vanilla Greek Yogurt	Sauteed Pepper & Onion
Coffee or Tea	Deli & Potato Salad Plate	Coffee or Tea	Buttered Corn	Tea Biscuit	Syrup	Cornbread
-----	Wheat Roll	-----	Pineapple Upside Down Cake	French Cream Cake	Summer Fruit Salad	Vanilla Chocolate Ice Cream Bar
Egg Salad	Homemade Butter Tart	Farmers Sausage			Brownie	
Mini Croissant		Sweet Hickory BBQ				
Carrot Salad		Baked Beans				
Butterscotch Ice Cream		Broccoli Florets				
		Whole Wheat Bread				
		Crepe Caramel				